

Host Country: _____

Host Institution: _____

Term: _____

Program Dates: _____

The following worksheet is a budget planning worksheet to help you prepare your budget. We recommend you complete this before you submit your exchange application. For information about budgeting and financial aid, please speak with a [Financial Aid Advisor](#) or enroll in My Finances 101, an online financial literacy course.

Note: This document must be downloaded prior to starting in order for fields to auto-calculate.

Estimated Costs

List your estimated costs in **Canadian dollars (\$CAD)** for a full exchange period (1 or 2 term(s)) at your preferred institutions. Check the [student exchange reports/questionnaires](#) on the SFU Study Abroad [Exchange Destination Search](#) page and the host institution's website for information on cost of living.

Estimated Costs		
Item	Description	\$ CAD
SFU Tuition	For undergraduate students going to institutions where tuition is paid to SFU, tuition is at the "normal" rate per unit. International/domestic rates apply. <ul style="list-style-type: none"> - Full-time exchanges: 12 units of SFU credit - Part-time exchanges: based on the maximum units available - Virtual exchanges: based on the number of SFU equivalent units you intend to take For direct fee paying institutions, tuition and student fees are based on the host institution's rates, and paid directly to the host institution. Graduate students please inquire at studyabroad@sfu.ca	
Student Fees	SFU Supplementary Fees , not including the U-Pass	
Books and Supplies		
Formal Exchange Participation Fee	Non-refundable fee, as per the SFU Calendar	
International Transportation	Airfare – for an estimate on flight costs try researching through Google Flights . Documents required for travel: Proof of vaccination, PCR testing, translation of documents etc.	
Accommodation	Residence or off-campus housing, including quarantine arrangements, if applicable. Look at the host university's website and past student exchange reports	
Food	Residence meal plan/eating out/groceries - look at the host institution's website and past student exchange reports	
Immigration Documents	Study permit/visa - look up if you may be required to obtain this and what the costs are through the host country's consular services website	
Local Transportation	Bus pass/taxis/bike	
Health/Medical Insurance	If you have not opted out, review the SFSS/GSS (link) Health and Dental Plan to ensure the travel health insurance coverage is sufficient for your needs, or other secondary medical plan. Ensure you research alternative travel health insurance companies and budget for the coverage you require.	
Inoculations and Medication	Step 1: Research which inoculations/medication you may need (for budgeting purposes only). Step 2: Search for the approximate costs of the inoculations/medications. Step 3: Consult with a travel health professional once you've been nominated	
Contingency	Emergency fund - generally recommended to budget for the equivalent cost of a return flight	
Communications	Phone/internet	
Entertainment	Tours/movies/concerts	
Other Insurance	Property (to cover the value of any goods you are bringing with you), Travel (cancellation/interruption)	
Other Expenses	Additional travel (side trips)/laundry/personal items	
Total Expenses		

Estimated Funds

Determine the funds you may need for your exchange. Your “Estimated Funds” should be equal to, if not greater than your “Estimated Costs”. This will demonstrate that you have sufficient funds for your exchange. You may include eligible scholarships, loans, bursaries, or awards that have not been confirmed or previously awarded, but it is important to have a back-up plan in place.

Estimated Funds		
Item	Description	\$ CAD
Personal Contribution	Savings/Employment Income/Etc.	
Loans	BC Student Loans/Provincial Assistance	
Scholarship(s) *		
Awards/Bursaries *		
Other Resources	Parents/travel points	
Total Resources		

* Direct-Fee Paying Programs: Students paying tuition to the host institution are **not** eligible for SFU scholarships, bursaries, and awards.